



CANADIAN ARAB
INSTITUTE | INSTITUT
CANADO-ARABE

RESOURCE GUIDE

NATIONAL DAY FOR TRUTH AND RECONCILIATION

#EVERYCHILDMATTERS

RESOURCE LIST

We have put together a series of resources related to decolonial work, justice for Indigenous peoples, and Indigenous history.

[From Palestine to Canada, the truth of indigenous narratives cannot be suppressed forever by Ahmad Moussa](#)

[Residential Schools Podcast Series by Historica Canada and hosted by Shaneen Robinson-Desjarlais](#)

[Truth and Reconciliation Commission's 94 Calls to Action](#)

[Settler Identity and Colonialism in 21st Century Canada By Emma Battell Lowman and Adam J. Barker](#)

[Beyond thoughts and prayers: Actions you can take to support residential school survivors in Canada Danica Samuel By Danica Samuel](#)

[10 Ways to be a Genuine Ally to Indigenous Communities by Amnesty](#)

[International Tea and Bannock Stories: First Nations Community of Poetic Voices](#)

[A Mother's Voice](#)

[Canada's Dark Secret](#)

RESOURCE LIST

Organizations supporting Indigenous Peoples

The Orange Shirt Day

Indian Residential School Survivors Society

Legacy of Hope Foundation

National Centre for Truth and Reconciliation - University of

Manitoba The Witness Blanket

Save the Evidence Campaign

Circles for Reconciliation

4Rs Youth Movement

Reconciliation Canada

Canadian Roots Exchange

RESOURCE LIST

Mental health supports available

Former residential school students can call 1-866-925-4419 for emotional crisis referral services and information on other health supports from the Government of Canada.

Indigenous peoples across Canada can also go to The Hope for Wellness Help Line 24 hours a day, 7 days a week for counseling and crisis intervention.

Call the toll-free Helpline at 1-855-242-3310 or connect to the online chat (please use google chrome).